

LET'S GROW YOUR BUSINESS

We have services tailored to meet the needs of professionals, organizations, and individuals. From in-person, classroom, or virtual meetings, our goal is to provide the most effective means of training at the highest level. Here's what we have to offer.

CONTACT US

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EST 2022

RECOGNIZING MENTAL HEALTH SYMPTOMS

SYNOPSIS

Mental illness is considered a disorder covering a vast range of mental health conditions that can affect a person's day-to-day living.

The National Institute of Mental Health has reported that nearly 1 in 5 adults have a mental issue. In this course, we will review commonly

seen disorders within the community including Bipolar, Bipolar II, Major Depression and Schizophrenia. Participants in this class will also learn about mania and hypomania, and what these episodes look like. This 8-hour training is specifically designed for non-clinical civil servants, with the primary objective of providing a better understanding of mental illnesses, their signs, and symptoms to look for. In addition, this course will help individuals communicate effectively with those who suffer with a mental condition.



“
THE MOST
DANGEROUS
CREATION OF ANY
SOCIETY IS THE
MAN WHO HAS
NOTHING TO
LOSE.

”

-JAMES BALDWIN

COURSE TOPICS

- What is Mental Health?
- Signs and Symptoms of Mental Illness
- Signs and Symptoms of Substance Use
- Causes of Mental Health Illnesses
- Understanding Mania vs. Hypomania
- Breaking Down Mental Health Diagnoses
- Assessing for Suicidal and Homicidal Ideations and Behaviors
- Non-suicidal Self-Injurious Behaviors
- Therapeutic De-escalation
- Community Resources

WORKSHOPS

At Crimson Clinical Services, we strive to equip mental health professionals and civil servants with the tools and resources needed to effectively interact with customers and patients ethically and respectfully. Our training curriculum is customized and can be presented virtually or on-site. Contact us for more information; we look forward to serving you!